



College of Health Professions
Department of Physical Therapy
Fellowship in Orthopaedic Manual Physical Therapy

Professional Responsibilities Associated with the Fellowship in Orthopaedic Manual Physical Therapy

The fellow-in-training (FIT) will engage in direct patient care at their respective clinical site. Mercer University does not provide designated clinical practice sites for the FOMPT program. The participant can stay in their current employment situation and work with the Director of Postprofessional Education to perform a practice analysis and match a credentialed clinical mentor to the practice site and FIT. The didactic program is delivered through a variety of webinars, weekend intensive courses which require extensive travel in the United States, and weekend intensive courses on the Mercer University Atlanta campus. A minimum of 150 hours of one-to-one clinical mentoring will be provided by a Fellow of the American Academy of Orthopaedic Manual Physical Therapists. Additionally, the FIT will engage in established and/or developing clinical research activities, case studies, or case series with expected dissemination. The FIT should expect a total workload of 50-60 hours per week. Membership in the American Physical Therapy Association, Academy of Orthopaedic Physical Therapy, and the American Academy of Orthopaedic Manual Physical Therapists is required.

Delivery Model of Didactic/Laboratory Components of the Program

The Fellowship is divided into four Blocks, over a two-year period. The FIT receives both formative feedback and summative feedback during each Block. The fellowship didactic program requires may extensive travel to complete portions of the didactic course work. When courses are not able to be hosted by Mercer University, the expenses for these courses are paid by the FIT and considered part of the fees. FITs are also responsible for costs related to travel and lodging. The expectations are as follows:

- Travel to the University of Southern California is required for all participants for two courses (Module I and II of their Spine Fellowship Seminars) each of which are six days in length. The fees for the course (\pm \$2,000.00) and travel are paid by the FIT.
- Travel to the University of Oklahoma or A.T. Still University Mesa, AZ for the Gibbons and Tehan Spinal Manipulation Essentials and Master Classes. The fees for the courses (\pm \$1,345.00) and travel are paid by the FIT.
- Travel to Azusa Pacific University (or when possible, hosted locally) for the Movement Links Seminar series, which includes the Upper and Lower Quarter courses. The fees for the courses (\pm \$2250.00) and travel are paid by the FIT.

Fellowship in Orthopaedic Manual Physical Therapy Curriculum

Clinical Practice Hours	450 hours (Minimum)
Interactive Clinical Practice	300 hours (Minimum)
Clinical Mentoring Hours 1:1	150 hours (Minimum)
Fellowship Roundtable Discussions	50 hours

<u>Didactic/ Clinical Skills Courses</u>	<u>Contact Hours (minimum)</u>
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Foundations of Orthopaedic Manual Physical Therapy (OMT)	30
Research and Evidence Based Practice	30
OMT Examination, Evaluation and Intervention of the Upper Extremity	60
OMT Examination, Evaluation and Intervention of the Lower Extremity	60
OMT Examination, Evaluation and Management of Lumbopelvic Conditions	60
OMT Examination, Evaluation and Management of Cervical Spine and Craniomandibular Conditions	60
OMT Examination, Evaluation and Management of Thoracic Spine and Rib Cage Conditions	60
Teaching	75
Self-Directed Learning	90
Service-Learning	30

There are 360 contact hours (minimum), which includes 200 scientific, theoretical, and cognitive didactic hours, 100 hours of psychomotor training for spinal manual therapy, and 60 hours of psychomotor training for extremity manual therapy. Teaching 75 hours in the Residency in Orthopaedic Physical Therapy Program, and engagement in service-learning activities for 30 hours, is required. Teaching and service-learning activities are both coordinated with the Director of Postprofessional Education (DPPE). The DPPE must approve Self-Directed Learning plans.

The FIT must demonstrate mastery (80%) on four, eight-technique lab practical examinations, four written examinations, and two practical examinations (one spine and one extremity) on current patients.

Additionally, the FIT is also required to engage in a research project, case study or case series, or other scholarly pursuits to add to the body of physical therapy knowledge. The total minimum number of hours in the fellowship program is 1350 hours.